

The Roche Court Educational Trust

Learning Resources for Home and School

Sculpture and Dance: Springboard 2020

Springboard is an annual project that brings together Sculpture and Dance, in collaboration with BA (Hons) Dance students at Arts University Bournemouth. In 2020, first year undergraduates created original choreographic material in response to selected artworks at Roche Court Sculpture Park, and worked with regional schools and groups towards a public performance that would have taken place at Pavilion Dance South West. The project was produced by third year undergraduates who have this year presented digital outcomes, online.

- To visit the Springboard 2020 website created by the students, [click here](#).
- To watch a YouTube Playlist of their dance films, inspired by the sculptures of David Nash, Peter Randall-Page and Paul Roberts-Holmes, [click here](#).
- To watch a YouTube Playlist of sculpture-inspired movement tasks, devised by the students, [click here](#).

Take part at home

The following movement-based activities have been devised by Jenna Hubbard, Dance Artist and Lecturer in BA (Hons) Dance at Arts University Bournemouth.

Theme: All objects have memories

Inspired by Paul Roberts Holmes, 'Quaba-La' (1997) image © the artist and courtesy New Art Centre



1. Think about gestures that remind you of a happy memory; it could be a family outing, your favourite party dance, preparing a special meal for an event, your favourite sport or game.
2. As you perform these movements, how does your body remember?

Theme: Order and Chaos

Inspired by Peter Randall-Page, 'Fructus', 'Corpus' & 'Phyllotaxis' (2009)



Peter Randall-Page, 'Phyllotaxis' (2009) © the artist and courtesy New Art Centre



Peter Randall-Page, 'Corpus' (2009) © the artist and courtesy New Art Centre

1. Choose 4 movements that have a similar look or feel – they could be 4 different jumps, 4 types of spin, 4 movements including circles of the arms.
2. Choose 1 movement that is completely different to the others – this is your chaos movement.
3. Play with organising your movements into a sequence in different orders – what order makes your chaos moment stand out best?

Theme: The Story of the Storm

Inspired by David Nash, 'Lightning Strike', 2009 © the artist and courtesy New Art Centre



**The clouds gather
Tension builds
A sudden crack, spark
The tree splits
The tree falls, crash
The calm after the storm**

Using the poem inspired by 'Lightning Strike', create a short sequence or scene with your body, telling the story of the storm.

Join in at home and share your creations with us on Instagram by tagging [@_ILoveSculpture](#) and [@aub_makes_dance_makers](#)