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| Lesson 1Primary care[Component 2, A1, Health and social care services | Lesson 2Secondary and tertiary care[Component 2, A1, Health and social care services] | Lesson 3Allied health professionals[Component 2, A1, Health and social care services | Lesson 4Services for children and young people[Component 2, A1, Health and social care services] | Lesson 5Services for adults or children with specific needs[Component 2, A1, Health and social care services] |
| Lesson 6Services for older adults[Component 2, A1, Health and social care services] | Lesson 7Informal social care[Component 2, A1, Health and social care services] | Lesson 8Physical barriers[Component 2, A2, Barriers to accessing services] | Lesson 9Sensory barriers[Component 2, A2, Barriers to accessing services] | Lesson 10Social, cultural and psychological barriers[Component 2, A2, Barriers to accessing services] |
| Lesson 11Language barriers[Component 2, A2, Barriers to accessing services] | Lesson 12Geographical barriers[Component 2, A2, Barriers to accessing services] | Lesson 13 Intellectual barriers[Component 2, A2, Barriers to accessing services] | Lesson 14Resource barriers for service providers[Component 2, A2, Barriers to accessing services] | Lesson 15Financial barriers[Component 2, A2, Barriers to accessing services] |
| Lesson 16Learning aim A: assessment practice[Component 2, A1 and A2, Understand the different types of health and social care services and barriers to accessing them]End of learning aim formal assignment | Lesson 17Learning aim A: assessment practice[Component 2, A1 and A2, Understand the different types of health and social care services and barriers to accessing them]End of learning aim formal assignment | Lesson 18Learning aim A: assessment practice[Component 2, A1 and A2, Understand the different types of health and social care services and barriers to accessing them]End of learning aim formal assignment | Lesson 19Preparation for assignment[Component 2, A1 and A2, Understand the different types of health and social care services and barriers to accessing them]End of learning aim formal assignmen | Lesson 20-26Leeraning aim A assessment |

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| Lesson 1Life stages linked to ages6 life stages Skills:DiscussionComparison | Lesson 2Life stage developmentPhysicalIntellectual Emotional Social | Lesson 3Physical development: definition of gross and fine motor skills[Component 1, A1, PIES growth and development in the main life stages] | Lesson 4Physical development: infancy and early childhood, gross and fine motor skills and growth patterns | Lesson 5Physical development in adolescence and early adulthood: growth patterns and primary and secondary sexual characteristics |
| Lesson 6Physical development in middle and later adulthood: menopause, loss of mobility, muscle tone/strength and skin elasticity | Lesson 7Intellectual/cognitive development: problem solving, abstract and creative thinking, development/loss of memory and recall | Lesson 8Intellectual/cognitive development: language development[Component 1, A1, PIES growth and development in the main life stages] | Lesson 9Emotional development in infancy and early childhood including bonding and attachment, security and independence | Lesson 10Emotional development in adolescence and adulthood: independence, security, contentment, self-image and self-esteem[ |
| Lesson 11Social development in infancy and early childhood: formation of relationships with others and socialisation process[Component 1, A1, PIES growth and development in the main life stages] | Lesson 12Social development in adolescence and stages of adulthood: formation of relationships with others and socialisation processRevision of Learning aim A1 | Lesson 13Physical factors that affect growth and development: genetic inheritance, experience of illness and disease[Component 1, A2, Factors affecting growth and development: physical factors] | Lesson 14Physical factors that affect growth and development: diet and lifestyle choices, and appearance | Lesson 15Social and cultural factors that affect human growth and development: culture, religion, community involvement, gender roles and expectations and educational experiences |
| Lesson 16Social and cultural factors that affect human growth and development: the influence of role models, social isolation and personal relationships with friends and family | Lesson 17Economic factors that affect human growth and development: income/wealth and material possessions | Lesson 18Preparation for assessment: Recap of Learning aims A1 and A2[Component 1, A1, A2, Understand human growth and development across life stages and the factors that affect it | Lesson 19End of Learning aim A: formal assignment[Component 1, A1, A2, Understand human growth and development across life stages and the factors that affect it] | Lesson 20End of Learning aim A: formal assignment[Component 1, A1, A2, Understand human growth and development across life stages and the factors that affect it] |