



Acorn
Education Trust

RSHE Policy

School Name Pewsey Vale School

Person responsible Chantal Dean

Approved by directors

First written

For review	Reviewed	Signature
Jan 2025	Chantal Dean	<i>[Signed electronically]</i>
July 2025		
July 2026		
July 2027		

All policies are renewed annually. If no change then just signed. If an amendment or full change is required, this is recorded.

Key Terms

- **RSHE:** Relationships, Sex and Health Education
- **Relationships Education:** Teaching and learning about healthy friendships, families and online communication.
- **Sex Education:** Teaching and learning about sexual relationships, sexual health and sexuality.
- **Health Education:** Teaching and learning about physical and mental health and well-being.
- **PSHE:** Personal, Social and Health Education.
- **Personal Development:** This is the subject under which RSHE, as well as PSHE, is taught at Clarendon. This was formerly known as Beliefs and Values (BV). Personal Development is also delivered via the tutor programme and assemblies.

Rationale and Purpose

We define 'relationships and sex education' as the teaching and learning about the types of relationships that we find in the world today; from friendships and family to sexual relationships and marriage. It is the unbiased, mature and evidence-based exploration of sex and relationships in the world today and the social, emotional, moral and legal responsibilities associated with this.

We believe relationships and sex education is important for our young people to learn about the world around them, their current and future relationships, and the important issues related to sex and relationships.

We view the partnership of home and school as vital in providing the context in which to continue the discussions raised via the Personal Development curriculum at school.

Our school's overarching aims for our students are to prepare them for their future in which sex and relationships are likely to play a significant part. We also wish to help our students grow in awareness and understanding of the wider world, and the types of relationships that are part of it.

We ensure RSHE, delivered via Personal Development, is inclusive and meets the needs of all our students, including those with special educational needs and disabilities (SEND) by ensuring no students are withdrawn from PSHE lessons (where RSHE lessons are taught) for other activities. Students are taught mostly in their usual class groups and where required, provision is made for additional support for our SEND students, in class. Where required, a greater focus may be used on PSHE/RSHE through the use of a specialised curriculum for some of our students in Enhanced Provision (EP).

We ensure RSHE fosters gender equality and LGBT+ equality by learning

about a range of relationships including the LGBT+ community. This is not limited to PSHE: We try to ensure members of all communities are represented through teaching and learning and in every activity we do in our school. The intended outcomes of our programme are that students will:

- know and understand a range of important ideas pertaining to RSHE, including physical, scientific, social, moral and legal associations.
- understand they have a right to consent.
- understand they have a responsibility to respect others; their bodies, their choices, their feelings, and the law.
- develop the skills of empathy, communication, and resilience.

Roles and Responsibilities

Mr Mike Griffiths (Deputy Headteacher): Responsible for all areas of the school curriculum, including Personal Development and RSHE.

Email: mlg@clarendonacademy.com

Chantal Dean: Responsible for planning Personal Development lessons and the tutor programme; responsible for integrating careers, PHSE and RSHE into a single, cohesive curriculum plan.

Email: cde@pewsey-vale.wilts.sch.uk

Legislation (statutory regulations and guidance)

We are required to teach relationships education/RSHE as part of statutory guidance from the DfE (in place from September 2020, but suggested from September 2019) and this informs the planning and teaching of RSHE. Our provision is therefore in line with legislation around statutory content that must be covered in the RSHE curriculum.

The RSHE policy supports/complements the following policies:

- Anti-Bullying Policy
- Child Protection and Safeguarding Policy
- Online Safety Policy
- Clarendon School's Equality Objectives

Documents that inform the school's RSHE policy include:

- Education Act (1996)
- Learning and Skills Act (2000)
- Education and Inspections Act (2006)
- Equality Act (2010),
- Supplementary Guidance RSHE for the 21st century (2014)

- Keeping children safe in education – Statutory safeguarding guidance
- Children and Social Work Act (2017)

The Curriculum

RSHE is embedded into our Personal Development curriculum. Across Key Stage 3 and Key Stage 4, students study the full range of topics and issues identified in the 2021 [DfE guidance](#) on RSHE. These are divided into the following categories:

- Families
- Respectful relationships, including friendships
- Online and media
- Staying safe
- Intimate and sexual relationships, including sexual health

For a more detailed breakdown of which topics are covered and in what year group, please contact Mr Hayden Smith using the email details provided above.

Our RSHE programme is inclusive of all types of families, relationships and sexual relationships. We will ensure RSHE is matched to the needs of our students by monitoring trends and needs highlighted through internal student voice, and data provided by the Wiltshire Healthy Schools survey, as well as other relevant agencies.

Our RSHE programme will be taught through a range of teaching methods and interactive activities, including discussion, role play, reading, writing and analysis of key resources such as film.

Students are encouraged to reflect on their own learning and progress through regular discussion. From September 2022, we are introducing a system of online assessment for Personal Development, including RSHE. This will allow us to identify and address misconceptions or gaps in knowledge for any aspects of the RSHE curriculum at the level of individuals, classes and year groups. These will be addressed by Personal Development teachers, tutors and via assemblies.

Safe and Effective Practice

In cases where safeguarding concerns may be raised, teachers of PSHE and RSHE will follow usual safeguarding procedures for Clarendon. Students are made aware at the beginning of the course that this will happen if teachers believe a student, or another, may be at risk.

Stakeholders

Parents will be informed about the policy through direct communication

(i.e. letter), and it will be available for viewing on the school website. We are committed to working with parents and carers by discussing with them any comments, questions or concerns about RSHE/PSHE provision.

As with any of our policies published on the school website, parents are welcome and encouraged to discuss and work with us on content and processes undertaken when forming the RSHE curriculum and policies.

We work closely with parents to ensure that they are fully aware of what is being taught and provide additional resources and support through signposting to external agencies.

Parents/carers have the legal right to withdraw their children from some / all aspects of sex education which is not taught in Science lessons. Parents are not able to withdraw their child from relationships education. However, we wholeheartedly believe that being present for RSHE lessons is of the utmost important for all students, especially as teaching is delivered in an unbiased way and will ultimately contribute towards a wider sense of tolerance for, and understanding of, the world.

If a parent/carer requests that their child be removed from some / all aspects of sex education, they will be invited to meet with the Headteacher / another member of the Senior Leadership Team to discuss concerns, and provide support by clarifying which specific part of the curriculum they wish to withdraw from. We will also aim to work with the parent/carer to find a way for their child to continue to engage with the RSHE curriculum.

Governors will be informed of the RSHE policy and curriculum through annual reviews, as well as regular meetings with our nominated governor for Pastoral Care (which includes the teaching of PSHE).

Pupil voice will be used to review and tailor our RSHE programme to match the different needs of students through annual surveys, delivered through PSHE lessons.