



Wiltshire Children's Services
HCRG Care Group Ltd
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High Post Business Park
Salisbury
Wiltshire, SP4 6AT
0300 247 0090
Phonelines are open 09:00 – 17:00 Monday to Friday
e:vcl.wiltshirespa@nhs.net
https://wiltshirechildrensservices.co.uk

Dear Parent or Carer,

## **School Digital Health and Development Questionnaire**

During the autumn term, all young people in Wiltshire in Year 11 will be invited to complete a school digital health and development questionnaire.

The purpose of this is to review the health needs of young people and offer early intervention, online support, and the opportunity for face-to-face contact with a school nurse to provide help and support where needed. This is an opportunity for your child to discuss any health concerns and to encourage them to take responsibility for their own health from a young age.

HCRG Care Group school nursing team will be providing an electronic link to schools – this questionnaire is not available to be completed at home. The school will not have access to the answers that your child provides. The information your child provides us with will be confidential and held securely in accordance with UK General Data Protection Regulations (GDPR). For further information please see our <u>privacy notice</u>. A copy of the completed questionnaire will be added to your child's electronic medical records.

Anonymous data about key themes only, will be shared with schools and local authority public health commissioners which will enable an understanding of local health trends and support planning the services required in Wiltshire for children and their families.

The following topics will be covered within the questionnaire:

- Emotional health and wellbeing
- Healthy lifestyles
- Sexual health
- Healthy relationships

- Access to Healthcare at 16+
- Smoking, drugs, and alcohol
- Transition to college and exam stress.







The questionnaire will provide interactive advice with clear direction on where your child can access safe and appropriate support if required. A follow up face to face appointment by a member of the school nursing team may also be offered to your child if any health or wellbeing concerns are identified. The questionnaire will also signpost them to the ChatHealth service where they can confidentially text a school nurse on **07480 635513** (ChatHealth is open 09:00 – 16:00 Monday to Friday except bank holidays).

If you are happy for your child to complete the questionnaire, then you do not need to do anything. Children themselves can opt out if they do not want to take part. If you would like to discuss this further or you **do not** want your child to take part in this digital health and development questionnaire, please telephone our Single Point of Access on 0300 247 0090 where you can speak to a duty school nurse. Our opening times are Monday to Friday 09:00 – 17:00 except bank holidays. If you would like to opt your child out of the questionnaire in writing, please telephone the Single Point of Access and request a secure email.

Yours sincerely

Tiff Ferris
Professional Lead
School Aged Health Service and Emotional Wellbeing Service (Wiltshire)

Download our Growing Well Wiltshire app for further advice and signposting for your family by clicking <a href="here">here</a> or scanning the QR code below



